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# Zespół wiotkiej powieki z perspektywy lekarza okulisty – wybrane aspekty

## Selected Aspects of Floppy Eyelid Syndrome from an Ophthalmologist's Perspective

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### Summary:

Floppy eyelid syndrome is relatively common and has insufficiently understood disease entity. It may be misdiagnosed due to the lack of clear diagnostic criteria. Early and accurate diagnosis will enable proper treatment. Floppy eyelid syndrome should be treated in clinical practice not only as an ophthalmic disease, but also taking into account with systemic diseases.

Due to the floppy eyelid syndrome association with obesity and obstructive sleep apnea, the diagnosis of flaccid eyelids is crucial to prevent severe general diseases, as well as serious conditions threatening vision and life. It is very important to provide patients with floppy eyelids with multidisciplinary specialist care.

Due to the scale of obesity, which is one of the main risk factors for both floppy eyelid syndrome and sleep apnea, the diagnosis and treatment of floppy eyelids is extremely important issue in the daily ophthalmologists' practice.

The aim of the future clinical trials should be to create diagnostic algorithms and make a clear definition based on those criteria to help in diagnostic process of floppy eyelid syndrome.

### Key words:

floppy eyelid syndrome (FES), ptosis, obstructive sleep apnea, body mass index (BMI).

### Słowa kluczowe:

zespół wiotkiej powieki (FES), ptoza, bezdech senny, wskaźnik masy ciała (BMI).